



Exmouth

Founded 1893 President: R W A E Snowshall

Swimming and Life Saving Society affiliated to the ASA, DCASA, BLDSA, & RLSS



BRITISH Masters

the asa Masters and Senior Age Group Championships (25m)
2008

Ponds Forge Sheffield 24th - 26th October 2008

Exmouth Results

Caroline Ball 18- 24		
100 metres Backstroke	1.07.59	1 st
200 metres Backstroke	2.26.25	2 nd
100 metres Breaststroke	1.19.16	2 nd
800 metres Freestyle	9.47.94	3 rd
50 metres Backstroke	31.45	1 st
4x 50 metres Individual Medley	2.30.68	2 nd

Tara Dudley 18- 24		
1500 metres Freestyle	19.42.99	2 nd
50 metres Freestyle	28.23	4 th
100 metres Freestyle	1.01.70	4 th
4x 25 metres Individual Medley	1.13.89	5 th
50 metres Butterfly	33.16	6 th

Jonathan Hawkins 18- 24		
50 metres Freestyle	25.71	17 th
50 metres Breaststroke	31.73	10 th
100 metres Breaststroke	1.09.76	7 th
4x 25 metres Individual Medley	1.05.04	9 th
50 metres Butterfly	28.81	21 st

Richard Lander 18- 24		
50 metres Freestyle	25.25	13 th
100 metres Freestyle	55.45	17 th
50 metres Backstroke	30.26	7 th
50 metres Butterfly	28.20	17 th

Sam Lander 18- 24		
100 metres Backstroke	1.00.92	2 nd
200 metres Backstroke	2.15.07	2 nd
100 metres Freestyle	56.09	20 th
50 metres Backstroke	28.21	4 th

Ian Lang 1- 24		
1500 metres Freestyle	20.04.67	3 rd
200 metres Breaststroke	2.49.86	4 th
400 metres Freestyle	4.56.53	5 th
100 metres Freestyle	1.02.53	44 th
800 metres Freestyle	10.24.25	4 th
200 metres Freestyle	2.17.43	13 th

Louise Kathro 45- 49		
50 metres Freestyle	33.33	11 th
50 metres Breaststroke	45.57	11 th
100 metres Freestyle	1.15.22	13 th
4x 25 metres Individual Medley	1.31.59	10 th
200 metres Freestyle	2.53.53	10 th

Adam Tapp 18- 24		
50 metres Freestyle	25.90	19 th
100 metres Butterfly	1.01.99	8 th
100 metres Freestyle	56.75	25 th
800 metres Freestyle	9.18.15	2 nd
50 metres Butterfly	28.14	16 th
200 metres Freestyle	2.06.37	7 th

Mark Westaway 25- 29		
1500 metres Freestyle	21.04.89	7 th
50 metres Freestyle	29.98	28 th
400 metres Freestyle	5.05.75	10 th
50 metres Breaststroke	36.44	21 st
800 metres Freestyle	11.02.22	7 th
200 metres Freestyle	2.22.18	12 th

Olly White 30- 34		
200 metres Breaststroke	2.38.67	3 rd
400 metres Freestyle	4.28.05	6 th
100 metres Breaststroke	1.11.67	8 th
4x 25metres Individual Medley	1.04.18	4 th
4x 50 metres Individual Medley	2.19.89	3 rd

Mixed Freestyle Team 72+	1.47.95	4th
Jonathan Hawkins		26.81
Caroline Ball		28.13
Tara Dudley		27.98
Richard Lander		25.03

Mixed Medley Team 72+	2.00.00	3rd
Caroline Ball		31.50
Jonathan Hawkins		32.57
Adam Tapp		27.98
Tara Dudley		27.95

Ladies' Freestyle Team 72+	1.54.96	1st
Kayleigh Vine		29.32
Libby Kathro		29.72
Caroline Ball		28.08
Tara Dudley		27.84

Ladies' Medley Team 72+	2.11.15	1st
Libby Kathro		35.17
Kayleigh Vine		36.52
Caroline Ball		31.01
Tara Dudley		28.45

Men's Freestyle Team 72+	1.41.43	7th
Jonathan Hawkins		25.58
Adam Tapp		25.82
Sam Lander		24.98
Richard Lander		25.05

Men's Medley Team 72+	1.54.32	6th
Sam Lander		28.42
Jonathan Hawkins		32.72
Adam Tapp		28.17
Richard Lander		25.01

Medals Table:-

Bronze:- 5

Silver:- 7

Gold:- 4

Times in Red- Club Records