

Ian Lang

	50metres	100metres	200metres	400metres	800metres	1500metres
Freestyle	28.47	1.01.83	2.16.22	4.57.67	10.14.60	20.19.04
Butterfly	36.41			N/A	N/A	N/A
Backstroke	36.28	1.16.06	3.00.20	N/A	N/A	N/A
Breastroke	37.09	1.21.75	2.55.53	N/A	N/A	N/A
Individual Medley	N/A	1.13.27	2.43.38		N/A	N/A

Olly White

	50metres	100metres	200metres	400metres	800metres	1500metres
Freestyle	26.02	58.76	2.09.90	4.41.01	9.42.79	19.01.92
Butterfly	29.70	1.03.54		N/A	N/A	N/A
Backstroke	29.99	1.06.10	2.27.96	N/A	N/A	N/A
Breastroke	32.56	1.10.66	2.42.76	N/A	N/A	N/A
Individual Medley	N/A	1.04.86	2.20.71		N/A	N/A